

FSC 2026: Session: 3: COACH evaluation sheet for TEAM: AZL

Coachinfo: Warming up from: 08:00 until 09:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Bijloos Annie

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 17: 50M BREASTSTROKE MEN **Heat:4, starttime: 10:36**

Heat: 4/9 Lane : 7 Athlete: VERHULST LENNERT **Q-time: 00:31:77**

PB (50m pool): 00:31.77 Antwerpen 27/07/2025 **PB (25m pool): 00:30.19 SB: no time**

	50 M	
PB	00:31.77	
	<i>00:31.77</i>	
	

Coach feedback:

Event number: 23: 800M FREESTYLE MEN **Heat:1, starttime: 11:49**

Heat: 1/1 Lane : 6 Athlete: VAN DEN BREMT MATHIAS **Q-time: 09:58:77**

PB (50m pool): 09:58.77 Charleroi 11/01/2026 **PB (25m pool): 10:37.17 SB: 09:58.77 Charleroi 11/01/2026**

	50 M	100 M	150 M	200 M	250 M	300 M	350 M	400 M
PB	00:32.03	01:08.33	01:44.34	02:22.09	02:59.62	03:36.90	04:14.71	04:52.85
	<i>00:32.03</i>	<i>00:36.30</i>	<i>00:36.01</i>	<i>00:37.75</i>	<i>00:37.53</i>	<i>00:37.28</i>	<i>00:37.81</i>	<i>00:38.14</i>

	450 M	500 M	550 M	600 M	650 M	700 M	750 M	800 M
PB	05:31.15	06:09.44	06:47.65	07:26.67	08:05.49	08:44.47	09:22.89	09:58.77
	<i>00:38.30</i>	<i>00:38.29</i>	<i>00:38.21</i>	<i>00:39.02</i>	<i>00:38.82</i>	<i>00:38.98</i>	<i>00:38.42</i>	<i>00:35.88</i>

Coach feedback: